

CREDIT CARD PAYMENT OPTIONS

Please charge \$ _____ to my:

Visa MasterCard American Express

Card number

Expiration date

CVC code

Name as it appears on card

Signature

Walk-in registrations will be accepted on a space available, first-come, first-served basis. Space in camp is not guaranteed until all forms and payment are received.

Northwood University will send confirmation along with directions, check-in information, and medical release forms upon receipt of registration form and payment.

Questions?

Please contact:

Assistant Coach Ben Spurlock
989.837.4114
spurlock@northwood.edu

NORTHWOOD UNIVERSITY

4000 Whiting Drive
Midland, MI 48640



NORTHWOOD UNIVERSITY VOLLEYBALL INDIVIDUAL SKILLS SESSIONS



AUGUST 2, 2010

Session I: 9:00 am – 12:00 pm

Session II: 2:00 pm – 5:00 pm

AUGUST 3, 2010

Session III: 9:00 am – 12:00 pm

Session IV: 2:00 pm – 5:00pm

CAMP DIRECTORS

TIM KOTH
Northwood University Head Volleyball
Coach
(989-837-4533)

BEN SPURLOCK
Northwood University Assistant Coach
(989-837-4114)

SKILLS SESSIONS

All Skills Condensed (Grades 5-12)

This ONE 3-hour session will be “active learning” with all the fundamental skills of volleyball being highlighted. Designed to improve and refresh your skills in short learning segments, these clinics will quickly prepare you to perform in a tryout.

(August 2, 2010)

Skill Specialty (Grades 7-12)

This clinic is for campers looking for 3 hours of specific skill development to prepare for tryouts or just getting some extra repetitions. You choose from attacking, setting, or ball control. This quick-moving, active learning format will provide a great opportunity to tune up your special skill in a hurry.

(August 3, 2010)

Northwood University is committed to a policy of nondiscrimination and equal opportunity for all persons regardless of race, gender, color, religion, creed, national origin or ancestry, age, marital status, disability or veteran status. The university is also committed to compliance with all applicable laws regarding nondiscrimination.

PERTINENT INFORMATION

1. **Need to bring:** shoes, knee pads, Sports Drinks – water will be provided – lunch if you plan to attend multiple sessions.
2. **Camp check-in** will take place thirty (30) minutes prior to each session, at the camp site.
3. *No meals or housing will be provided.*

CAMP LOCATION

NORTHWOOD UNIVERSITY
Bennett Sports Center
4000 Whiting Drive
Midland, Michigan 48640

CAMP DATES

August 2 & 3, 2010
9 am – 12 pm and 2 pm – 5 pm

TENTATIVE SCHEDULE

AM SESSIONS

8:30 – 9:00 am – Check - In
9:00-9:15 am – Welcome / Warm Up
9:15-11:15 am – Individual Skill Instruction
11:15-12:00 pm – Combination Drills / Games
12:00 pm – Dismiss

PM SESSIONS

1:30-2:00 pm – Check - In
2:00 – 2:15 pm – Welcome / Warm Up
2:15 – 4:15 pm – Position Skill Instruction
4:15 – 5:00 PM – Combination Drills / Games
5:00 pm - Dismiss

REGISTRATION FORM

NAME: _____

GRADE AS OF FALL 2010: _____

PHONE #: (____) _____

POSITION: _____

ADDRESS: _____

EMAIL: _____

ALL SKILLS CONDENSED

August 2, 2010

- Session I: 9 am – 12 pm
 Session II: 2 pm – 5 pm

SKILL SPECIALTY

August 3, 2010

- Session III: 9 am – 12 pm
 Session IV: 2 pm – 5 pm

\$45.00 PER SESSION

DEADLINE for pre-registration: July 23, 2010.

(DO NOT MAIL AFTER July 23)
After July 23rd, bring registration form and
\$55.00 to camp.

SEND REGISTRATION FORM & PAYMENT TO:

NORTHWOOD UNIVERSITY
Business Office/Volleyball Camps
4000 Whiting Drive • Midland, MI 48640
OR

Register online:
<http://timberwolves.gonorthwood.com/camps/>

MAKE CHECKS PAYABLE TO:
NORTHWOOD UNIVERSITY
(All camp checks are **non-refundable.**)

See reverse for credit card payment options.